

CHARGE YOURSELF UP FOR SUCCESS

Energizing Your Life, Work and Relationships

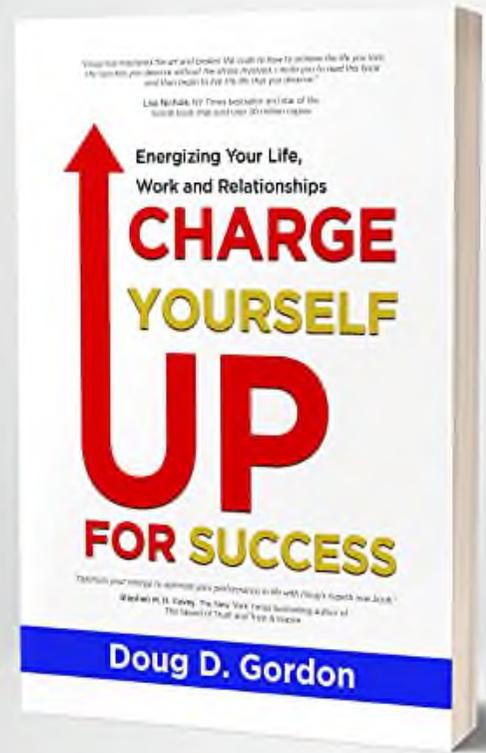


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'Charge Yourself Up For Success: Energizing Your Life, Work and Relationships' gives a proven formula for success. The book contains an easy to use formula for improving energy levels, improving relationships and creating wealth, better health and a more fulfilling life. It is based on almost 300 interviews with some of the most successful people in the world

This book answers the following queries:

1. How to create purpose in life and business.
2. The awareness of managing your mind.
3. How to reprogram one's mind-set for success.
4. The power of letting go to be the best high vibe self.
5. How to turn messes into messages and give them meaning to help others
6. A millionaire routine to energize your life.
7. Using energy for conscious creation with a conscious mind.
8. Effective goal setting and action planning in life and business.
9. The success formula through mind-set, action, knowledge and energy.
10. Mastering the Art of goal creation through energy.
11. Success without stress, through body, mind and soul.

12. The success and energy formula for life.

It will also help one utilize self-awareness to understand their triggers, traits, and programs that they are playing that don't serve them , sabotage them , or are holding them back in life in some way. This book will also help readers to understand how one can optimize their energy to optimize their life; enabling them to get more done in less time with less stress and to improve their relationships with themselves and others to create WIN-WIN in life.

It is a beneficial read for leaders and professionals who not only want to be successful, but also feel successful. It is also helpful for individuals looking for fulfillment in the broader specs of life.

ABOUT THE AUTHOR:

Doug D. Gordon is a 5X award winning international speaker, coach, consultant, trainer, radio presenter, healer and international bestselling author. He spent 21 years in the Hedge Fund world as a C-level Executive working for Fidelity investments, Lazard Asset Management, HSBC Asset Management, Aviva Investors, Columbia Thread needle Investments and Davy Asset Management and grew an asset management firm from \$50m pa sales to \$1.75Bn and was in the National newspapers described as "Heavy City Hitter". ■